



SELF-INJECTION

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PROCEDURE TO FOLLOW IN CASE OF SELF-INJECTION

When a service person has accidentally injected him or herself, he/she should put ice on the injected area to reduce swelling. He/She then should see a medical doctor immediately. The injected area should be cleaned as soon as possible. Remember, the virus portion of the vaccine cannot be transmitted to people (not zoonotic) and is of no risk. The virus is inactivated or killed. The injection however, is not sterile and bacterial contamination is highly possible. The medical doctor may give antibiotics and a tetanus shot if the person has not recently had one.

This treatment however is not enough! Because of the nature of the emulsion (liquid paraffin, tween and mineral oil), the infected fluid must be removed. Medical doctors therefore lance, locally debride and remove the emulsion before the tissue reaction begins and causes inflammation. It is critical that the attending physician knows that it is an oil emulsion and should be treated for its content and not just for infection due to contamination. The same protocol as a pressurized oil injection is recommended.

- 1. Get medical attention.
- 2. Ice injected area to reduce swelling.
- 3. Clean injected area.
- 4. Obtain antibiotics and/or tetanus shot.
- 5. Remove injected fluid.

This is an oil emulsion injection and should be treated for its content and not just for the infection due to contamination.

Emergency Contacts

Ambulance/Fire ()

Hospital ()

Emergency Clinic ()

Physician ()

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